

Republic of Zambia

Ministry of Education, Science, Vocational Training and Early Education

CREATIVE AND TECHNOLOGY STUDIES SYLLABUS

GRADES 1 – 4



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VISION								
Quality, life long education for all which is accessible, inclusive and relevant to individual, national and global needs and value systems.								

PREFACE

The syllabus was produced as a result of the Curriculum review process carried out by the Ministry of Education, Science, Vocational Training and Early Education under the auspices of the Curriculum Development Centre (CDC). The curriculum reform process started way back in 1999 when the Ministry of Education commissioned five (5) curriculum studies which were conducted by the University of Zambia. These studies were followed by a review of the lower and middle basic and primary teacher education curriculum. In 2005 the upper basic education National survey was conducted and information from learners, parents, teachers, school managers, educational administrators, tertiary institutions traditional leaders civic leaders and various stakeholders in education was collected to help design a relevant curriculum.

The recommendations provided by various stakeholders during the Upper Basic Education National survey of 2005 and National symposium on curriculum held in June 2009 guided the review process.

The review was necessitated by the need to provide an education system that would not only incorporate latest social, economic, technological and political developments but also equip learners with vital knowledge, skills and values that are necessary to contribute to the attainment of Vision 2030.

The syllabus has been reviewed in line with the Outcome Based Education principles which seek to link education to real life experiences that give learners skills to access, criticize analyze and practically apply knowledge that help them gain life skills. Its competences and general outcomes are the expected outcomes to be attained by the leaners through the acquisition of knowledge, skills, techniques and values which are very important for the total development of the individual and the nation as a whole.

Effective implementation of Outcome Based Education requires that the following principles be observed: clarity of focus, Reflective designing, setting high expectations for all learners and appropriate opportunities.

It is my sincere hope that this Outcome Based syllabus will greatly improve the quality of education provided at. Grades 1 ó 4 as defined and recommended in various policy documents including Educating Our Future`1996 and the `Zambia Education Curriculum Framework 2013.

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Chishimba Nkosha
Permanent Secretary
MINISTRY OF EDUCATION, SCIENCE, VOCATIONAL TRAINING AND EARLY EDUCATION

ACKNOWLEDGEMENTS

The syllabus presented here is a result of broad-based consultation involving several stakeholders within and outside the education system.

Many individuals, institutions and organizations were consulted to gather their views on the existing syllabus and to accord them an opportunity to make suggestions for the new syllabus. The Ministry of Education wishes to express heartfelt gratitude to all those who participated for their valuable contributions, which resulted in the development of this syllabus.

The Curriculum Development Centre worked closely with other sister departments and institutions to create this document. We sincerely thank the Directorate of Teacher Education and Specialized Services, the Directorate of Planning and Information, the Directorate of Human Resource and Administration, the Directorate of Open and Distance Education, the Examinations Council of Zambia, the University of Zambia, schools and other institutions too numerous to mention, for their steadfast support.

We pay special tribute to co-operating partners especially JICA and UNICEF for rendering financial technical support in the production of the syllabus.

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MINISTRY OF EDUCATION, SCIENCE, VOCATIONAL TRAINING AND EARLY EDUCATION

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INTRODUCTION

Creative and Technology Studies Syllabus is the combination of Physical Education, Music, Art and Design, Home Economics, Design and Technology and Information and Communications Technology. This Learning Area is about being creative in finding appropriate solutions to human problems and meeting our needs. Therefore, Creative and Technology Studies, more than any other learning area prepares learners for the world of work. It places emphasis on the development of practical skills and enhancement of talents, creativity, self-expression and sense of aesthetic.

With this in mind, it is important that the subject is introduced to learners at a tender age. This is the best time because at this age, learners have delight in exploring their surroundings; enjoy making, dismantling, examining and experimenting things. In this regard, **designing** and **making** is the main thrust of the subject because it provides an opportunity for learners to use available materials, put their capability to work and to develop products that meet their real needs and wants.

The four (4) main components of Creative and Technology Studies are outlined below.

	COMPONENT	DESCRIPTION
1	DESIGN AND	This component will focus on the application of knowledge and use of available resources to meet
	TECHNOLOGY	peoples needs by developing practical solutions to problems. At the heart of this, is the identification
		of problems through openóended problem solving approach.
2	INFORMATION AND	One of the features of the rapidly changing world is the accumulation of information that has an impact
	COMMUNICATIONS	on all aspects of modern life. Therefore, learners need to be equipped with skills and knowledge to be
	TECHNOLOGY	accessing and working with various forms of information and data.
3	HOME ECONOMICS	This component mainly aims at preparing the pupils for self-survival, self-reliant and life in general.
		Hence learners will be helped to acquire and develop practical skills and knowledge.
4	EXPRESSIVE ARTS	The Expressive Arts component is the combination of Physical Education, Music, Art and Design. It
		places emphasis on the development of practical skills and enhancement of talents, creativity, self -
		expression, life skills and sense of aesthetic.

Thus, the purpose of Creative and Technology Studies is to provide learners opportunities to:

- develop and apply scientific skills to solve technological problems;
- appreciate the interaction between people's values and attitudes, technology, society and the environment
- understand the concepts and knowledge used in technology and use them responsibly and purposely
- exploit locally available natural resources, materials to satisfy mans' needs and desires.

RATIONALE OF CREATIVE AND TECHNOLOGY STUDIES

Creative and Technology Studies will develop learners who will have:

- the power of observation, attention to detail, creativity, imagination, self-expression and endurance.
- an ability to solve problems by investigating, designing, developing, evaluating as well as communicating effectively using different modes
- a fundamental understanding of an ability to apply technological knowledge, skills and values, working as individuals and as a group
- a critical understanding of the relationship between technology, society, the economy and the environment
- a motivated and deeper appreciation for self-employment career opportunities, develop entrepreneurial characteristics and qualities for successful pursuit
- an appreciation for using Information Technology tools and information sources such as computer systems and software packages to support learning in a variety of ways.

SUGGESTED TEACHING METHODOLOGY

The approach to teaching and learning is the learner-centred. Therefore, in order to develop learners with understanding, skills and values that can contribute to the development of society, the starting point for teaching and learning is to recognize that learners come to school with a wealth of knowledge and experience gained from the family, community and through interaction with the environment. Thus, learning in school must build on the learner's prior knowledge and experience.

This is best achieved when learners are actively involved in the learning process through *hands on activities*. However, each learner has individual needs, pace of learning, experiences in life and abilities. To accommodate this, the teacher must determine the needs of the learners, and shape the learning experiences accordingly. Therefore, teaching methods must be varied but flexible within well-structured sequences of lessons and should include among others:

- Working in Pairs
- Group work
- Individual Work
- Field trip Method
- Project Method
- Discussion Method
- Guest Speaker
- Demonstration Method
- Team Teaching

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The teacher should have reasons for choosing a particular teaching method and must employ strategies and techniques to make the lesson interesting.

The syllabus outlines the learning outcomes. Thus, the teacher must decide, in relation to the learning outcomes to be achieved, when it is best to let learners discover or explore information for themselves; when they need directed learning; reinforcement or when the learners can be allowed to find their own way through a topic.

In this way, outcomes can be attained in a spiral manner considering that in any lesson, different outcomes can be covered through knowledge, skills and values. The objective is to ensure that learners are able to apply the knowledge gained in real life situations.

TIME ALLOCATION

The standard period allocation for Creative and Technology Studies at Lower Primary School level has been prescribed in the Zambia Education Curriculum Framework (ZECF) of 2013. The minimum learner-teacher contact time from Grade 1 to 4 is **three (3) hours** per week, translating into **four (4) periods.** The duration for a single period is **30 minutes.**

While information on the teaching of different skills, resources, teaching methods and evaluation would be found in the Teacher's Guide, teachers should be mindful of the Specific Outcomes which are preceded by the General Outcomes that are found in this syllabus. Therefore, scheming should be based on the Specific Outcome. In most cases, more lessons will be required before achieving a certain Specific Outcome.

OUTLINE OF THE SYLLABUS

This syllabus seeks to instill a sense of appreciation of technology education to ensure that learners adapt and cope with changing situations. It will also provide learners with broader concepts and principles in Technology, which will allow them to expand their thinking capacity to tackle real-life situations effectively.

The topics, sub-topics and outcomes are arranged in order for easy of reference. Some topics may be similar at both lower and upper sections, but the levels of knowledge, skills and values to be attained are not the same. Hence, when preparing lessons teachers should strive at building on what the learners already know.

The syllabus has been outlined in such a manner that all the components of the subject (*Information and Communication Technology*, *Home Economics*, *Music*, *Art and Design*, *Physical Education and Design and Technology*) are taught in an integrative manner from Grade 1 to 4 by one teacher. The teacher should be conversant in all areas and lay a firm ground in the learners. However, it envisaged that each school will have separate special rooms for all the components where learners will have to go and learn as soon as they get to Grade 5. This will provide learners with an opportunity for hands-on activities.

General Outcomes and Key Competences

GENERAL OUTCOMES	KEY COMPETENCES
 Develop basic skills in the use and apply computer skills both at 	 Identify main parts of the computer, open and close a computer.
home and school	Show understanding and knowledge of environmental and personal hygiene.
 Acquire knowledge, attitudes and values on safety, health, and 	 Exhibit basic skill in simple design and drawing.
personal hygiene.Develop skills to improve neuromuscular co-ordination through	Develop self- esteem self-expression and proficiency in physical activities
participation in a variety of activities in order to improve fitness,	 Acquire skills in decision making, problem solving, interpersonal relationships,
manipulation, co-ordination, correlation, observation and self-	effective communication and positive attitude change
expression.	■ Demonstrate team work, fair play, discipline, respect for human rights, moral and
 Acquire knowledge and values in music, and develop musical skills 	spiritual value; and true sportsmanship
to enhance musical talents, creativity, self-expression and aesthetic sense.	Acquire practical, entrepreneurial, technological, artistic and musical skills.

THEME	SUB TOPIC	SPECIFIC OUTCOMES	CONTENT			
THEME	SUB TUPIC	SPECIFIC OUTCOMES	KNOWLEDGE	SKILLS	VALUES	
1.1 SAFETY	1.1.1 Safety in the Work Environment 1.1.2 Body Posture	1.1.1.1 Demonstrate safety practices1.1.2.1 Perform correct postural activities	 Safety rules in specialized rooms and playground, proper care of computers. Safety on postural habit (Leo / Jumbo) 	 Application of safety rules Identification of correct postural habits 	 Awareness of safety rules Responsibility through best practices 	
1.2 TOOLS AND EQUIPMENT	1.2.1 Hand Tools	1.2.1.1Identify common tools used to make items.	Hammer, knife, axe, adze, saw	• Identifying common domestic tools.	• Appreciation the importance of domestic tools.	
1.3 FUNDAMENTAL MOVEMENT	1.1.3.1 Movement	1.1.3.1Perform warm up activities1.1.3.2Perform various movement skills.	 Movement skills (walk, run, catch, throw, dance, poetic songs. Rhythmic movements and steps 	• Application of locomotion skills	• Appreciation of movement through team learning	
1.4 ICT DEVICES	1.4.1 Types of ICT Devices	1.4.1.1 Identify types of ICT devices	• Types of ICT devices: Desktops, Laptops, Tablets, Cell phone, Television, Radio, Printer	 Identification of types of ICT devices Observation of types of ICT devices 	 Inquisitiveness of identifying types of devices Curiosity in identifying devices. 	
1.5 HOME MANAGEMENT	1.5.1 The House	1.5.1.1 Identify different types of houses 1.5.1.2 Describe rooms found in the house	 Types of houses: village and town houses Rooms in the house: bedroom, sitting room, kitchen, bathroom, toilet. 	Identification village/town and rooms in the house	 Appreciating village and town houses Awareness of rooms found in the house 	
1.6 MATERIALS	1.6.1 Materials for Making Items	1.6.1.1 Explain the materials used to make items.	Materials: (Clay, grass, metal, plastics, reeds, wood)	• Identifying different materials for making items.	Appreciating materials.	

THEME	SUB TOPIC	SPECIFIC OUTCOMES	CONTENT			
HILME	SUB TOFIC	SPECIFIC OUTCOMES	KNOWLEDGE	SKILLS	VALUES	
1.7 DRAWING AND COLOURING	1.7.1 Types of Lines	1.7.1.1 Identify different lines1.7.1.2 Apply different lines for design.	• Types of lines: Zigzag line, Curve line. Spiral lines	 Identification of different lines Application of lines in designs 	• Appreciation of different lines	
	1.7.2 Colouring	1.7.2.1 Colour different basic shapes	• <i>Basic shapes</i> : (Square, Triangle, Rectangle, Circle).	 Identification of basic shapes Application of colours	• Appreciation of shapes and colours	
1.8 PATTERNS	1.8.1 Simple Patterns	 1.8.1.1 Print using part of the hand 1.8.1.2 Draw simple shapes to form patterns. 1.8.1.3 Trace simple patterns. 1.8.1.4 Tear simple shapes and patterns 	Patterns (scribble, repeat trace and tear patterns)	• Designing and printing of patterns	• Appreciation of patterns	
1.9 SOUND	1.9.1 Exploration of Sound	1.9.1.1 Listen to different sounds in the environment.	• Birds, instruments, cars, songs.	• Application of listening and performing skills	• Awareness of sounds in the environment	
1.10 EDUCATIONAL GYMNASTICS	1.10.1 Tumbling 1.10.2 Stunts	1.10.1.1 Perform simple gymnastics 1.10.2.1 Demonstrate simple arm, leg activities 1.10.2.2 Perform simple rolling skills	• Gymnastic skills (arm, trunk, leg rolling, squatting, balancing)	• Creativity in executing gymnastic skills	• Cooperative learning through team work	
1.11 HEALTH AND FITNESS MANAGEMENT	1.11.1 Fitnessand Health	1.11.1.1 Perform a combination of various activities.	• Fitness and health (climbing, running, jumping, deep breathing). Use of (horizontal bars, Ropes, Sliders, Ladders, Stair cases)	• Creativity through a combination of health and fitness activities	• Team spirit through a variety of activities	

ТНЕМЕ	SUB TOPIC	SPECIFIC OUTCOMES	CONTENT			
THEME	SUB TUPIC	SPECIFIC OUTCOMES	KNOWLEDGE	SKILLS	VALUES	
1.12 SPORTS SKILLS DEVELOPMENT	1.12.1 Games 1.12.2 Field and Track Events	1.12.1.1 Perform simple games1.12.2.2 Perform field and track events.	 Modified conventional and traditional games Field events (relays (20 meters sack race, hide and seek) 	• Creativity through (hopping, passing, coordination, matching, locating, hiding)	• Team spirit through self-esteem	
1.13 CRAFTS	1.13.1 Paper Crafts	1.13.1.1 Make various items using paper.1.13.1.2 Make paper collage	 Making of:(chain Belt house model, mask) Paper collage 	• Manipulation of paper	• Creativity in paper crafts	
	1.13.2 Modeling	1.13.2.1 Model different objects using clay	• <i>Modeling</i> of free form objects (animal dolls fruits, birds)	• <i>Modeling</i> of objects	• Appreciation of modeling using clay	
1.14 SWIMMING	1.14.1 Water Hygiene 1.14.2 Water Orientation	1.14.1.1 Demonstrate basic pool hygiene 1.14.2.1 Perform simple water orientation skills	Use of knowledge on pool hygiene and water orientation (diving, jumping, sliding, breathing, floating)	• <i>Creativity</i> in use of simple skills	Cooperative learning through team work	

ТНЕМЕ	SUB TOPIC	SPECIFIC OUTCOMES	CONTENT			
INENIE	SUB TUPIC		KNOWLEDGE	SKILLS	VALUES	
1.15 COMPUTER HARDWARE	1.15.1 Basic Components	1.15.1.1 Recognize basic computer components 1.15.1.2 Discus components of ICT and their use	 Keyboard, mouse, monitor, Central Processing Unit Letter keys (restrict to lower case) 	 Identification of basic computer components. Manipulation of mouse and keyboards. 	 Awareness of basic computer components Curiosity in using ICT devices 	
1.16 ENERGY	1.16.1 Sources of Light	1.16.1.1. Identify the sources of light	• Natural and artificial (sun, moon, candle, bulb, lamp)	• Naming of artificial and natural sources of light.	• Appreciating the use of light at different times.	
1.17 HEALTH EDUCATION	1.17.1 Hygiene	1.17.1.1 Explain the uses of water in the home.1.17.1.2 Demonstrate correct use of different toilets.	 Uses of water: drinking, washing, cooking Correct use of water closet: sit on the pan, not squatting Pit latrine: avoid messing up the hole 	• Correct use of toilets	 Appreciating water in the home Practicing hygiene on the use of toilets 	
1.18 SOFTWARE MANIPULATION	1.18.1 Switch On/Off. 1.18.2 Load Computer Software	1.18.1.1Switch on/off ICT Devices. 1.18.2.1 Load Computer Software	 Switching on/off of the TV, radio/ cell phone, computer. Opening and closing gaming software 	 Observation of on/Off switches. Identification of On/Off switches. Manipulation of On/Off switches. 	 Teamwork in working on shared devices Problem solving identifying why a device cannot power up. Awareness that devices may have different ways of powering up. 	

General Outcomes and Key Competences

GENERAL OUTCOMES	KEY COMPETENCES
 Acquire basic skills in the use of computers both at home and school. 	 Demonstrate ability to design and make simple items
 Acquire knowledge and an understanding of pattern making 	 Demonstrate ability to operate the key board.
 Develop knowledge, values and positive attitudes on safety, personal hygiene 	, ,
and Food and nutrition	Show basic skills for welcoming visitors at home and school.
 Develop skills to improve neuro muscular co-ordination through participation in a variety of activities to improve fitness, manipulation 	 Exibit basic skills in drawing, colouring and pattern making.
 Develop skills in manipulation, co-ordination, correlation, observation, self 	Exibit basic skills in team work, fair play and self expression.
expression and creativity.	 Demonstrate ability to explore different means of producing sound.

THEME	SUB TOPIC	SPECIFIC OUTCOMES	CONTENT			
IHEME	SUB TUPIC	SPECIFIC OUTCOMES	KNOWLEDGE	SKILLS	VALUES	
2.1 SAFETY	2.1.1 First Aid	2.1.1.1 Explain first aid procedures with regards to injuries.	• First Aid procedures (Report accidents)	• Communicating information on first aid issues.	• Alertness to avoid accidents.	
2.2 MOVEMENT	2.2.1 Movement	2.2.1.1 Perform various body movements	• Body movement (skip, bend, hoop, hop, balance, manipulation)	• <i>Creativity</i> in use of movement skills	• Team work through cooperative learning	
2.3 POSTURE	2.3.1 Stance	2.3.1.1 Explore various correct postural habits 2.3.1.2 Demonstrate correct postural habits	Postural habits (sitting, standing, lifting, kneeling, walking)	• Application of creativity in performing postural habits	• Team spirit in applying correct postural habits	
2.4 TOOLS	2.4.1 Measuring Tools	2.4.1.1 Demonstrate the use of measuring tools.	• Rulers: (measure length, width, height).	 Application of measuring instruments. 	• Appreciation of measuring instruments.	
2.5 DRAWING AND	2.5.1 Colours	2.5.1.1 Identify primary colours	• Primary colours (red, yellow and blue).	• <i>Identification</i> of primary colours	• <i>Appreciation</i> of colours	
COLOURING	2.5.2 Free Drawing	2.5.2.1 Draw different pictures	• Drawing of :(Animals, human figures, birds, buildings).	• <i>Composition</i> of pictures	• <i>Craftsmanship</i> in drawing	
2.6 PATTERNS	2.6.1 Types of Patterns	2.6.1.1 Make different patterns	Patterns (Cut paper patterns, Writing patterns)	• <i>Designing</i> of patterns	<i>Creativity</i> in pattern making	
2.7 SOUND	2.7.1 Exploration of Sound	2.7.1.1 Explore different means of producing sound	Sound sources from various sounds (Imitate sounds)	• Application of various sounds to produce something new	• Appreciation of sound sources	
	2.7.2 Singing	2.7.2.1 Sing a variety of songs.	• Songs on : (HIV/AIDS, evils of corruption, child Abuse)	 Identification of singing and Communication skills 	• Appreciation of messages in the songs	
2.8 RECREATION	2.8.1 Movement and Dance	2.8.1.1 Dance to traditional and Contemporary music.	Movement and dance (singing, movement, dancing)	• Application of movement and dance skills	• Appreciation of recreation	
		2.8.2.1 Perform games with health messages	Games and health messages	• Creativity in games	• <i>Appreciation</i> of recreation	

THEME	SUB TOPIC	SPECIFIC OUTCOMES	CONTENT			
INENIE	SUB TUFIC	SI ECIFIC OUTCOMES	KNOWLEDGE	SKILLS	VALUES	
2.9 CRAFTS	2.9.1 Weaving	2.9.1.1 Create different weaving patterns	• Weaving (mats, hats, belts)	• <i>Manipulation</i> of materials	• Creativity in weaving	
2.10 EDUCATIONAL GYMNASTICS	2.10.1 Tumbling 2.10.2 Stunts	2.10.1.1 Demonstrate simple gymnastic activities2.10.1.2 Demonstrate a variety of gymnastic activities.	Gymnastic activities (trunk rolling, tummy rolling, balancing, hanging)	• Application of simple and adaptive gymnastics	• <i>Team work</i> through gymnastic activities	
2.11 HEALTH AND FITNESS MANAGEMENT	2.11.1 Fitness	2.11.1.1 Perform simple developmental or evolving activities.	 Management of health and fitness (deep breath in and out, climbing, hanging) 	• Creativity through health and fitness management	• Appreciation of health and fitness	
2.12 SOFTWARE	2.12.1 The Desktop	2.12.1.1 Recognize icons on the Desktop	Icons (My Documents, Start Menu, recycle bin) double clicking an icon	 Identification of desktop icons. Observation of changes in icon activation. 	• Awareness of different types of icons and their functions.	
2.13 HOSPITALITY	2.13.1 Welcoming Visitors.	2.13.1.1 Demonstrate ways of welcoming visitors.	• Greetings, neat appearance, eye contact, tone of voice.	•Welcoming of visitors	• Awareness of methods of welcoming visitors	
2.14 FOOD AND NUTRITION	2.14.1 Food	2.14.1.1 Identify different sources of food.	 Sources: Plant sources (fruits, and vegetables) Animal sources: (Milk, cheese, edible insects) 	• Identification of sources of food	• Appreciating food from plants and animals	
	2.14.2 Cooking	2.14.2.1 Identify equipment used in cooking	• Stove, brazier, pots.	• Identifying equipment used in cooking	• Appreciating cooking equipment	
2.15. SPORTS SKILLS DEVELOPMENT	2.15.1 Modified Games. 2.15.2 Track and Field Events	2.15.1.1 Perform a variety of games 2.15.1.2 Perform track and field events	 Conventional, traditional Events: Relays (30 meters), Bottle, Bean bags, Lane, Number, Throw, Catch, 	• Application of skills of games and track and field events	• Team spirit through various games	
2.16 ENERGY	2.16.1 Light	2.16.1.1 Identify items used to produce light in a home.	 Candle (wax), lamp (kerosene), torch (cells and a bulb) 	• <i>Identifying</i> types of energy that can produce light.	• <i>Team work</i> in designing artifact to produce light	

THEME	SUB TOPIC	SPECIFIC OUTCOMES	CONTENT			
	SUB TOTIC	SI ECIFIC OUTCOMES	KNOWLEDGE	SKILLS	VALUES	
2.17 DESIGNING	2.17.1 Designing	2.17.1.1 Design and make items out	• Wire cars, boxes, houses,	• Designing frames /	• Designing toys.	
		of paper and wires.	paper planes	wire models		
2.18 SOFTWARE	2.18.1 Using Word	2.18.1.1 Write words, phrases and	Word processing using	 Communication 	Awareness of	
	Processing	short sentences using	appropriate keys	through word	appropriate keys.	
		appropriate keys	(Include The English alphabet)	processing.	Team work in	
		2.18.1.2 Insert Word Art in Word	Creative software (Word	• Application of word	creating work art.	
			Art) to write words,	art.	• Curiosity in using	
			phrases and short sentences	• <i>Typing</i> in a word	word art	
		2.18.1.3 Insert Words in Word Art	• Using creative software	processor.		
			(include Word Art)	• Presentation of well		
				written word art.		
	_	2.18.2.1 Identify CD ROM Drive	Compact Disc - Read Only	● Demonstration on	• <i>Application</i> of	
	Disc	and CD tray	Memory/CD tray	how to run CDs.	CDs in a	
	Read Only	2.18.2.2 Load and eject a CD ROM	 Loading, running and 		computer.	
	Memory and		ejecting a CD ROM into a			
	Compact Disc		computer (make sure it is			
• 40 CYYYY 51 5YYYG	Tray	21011D	Autoplay)			
2.19 SWIMMING	2.19.1 Water	2.19.1.1 Demonstrate basic hygienic	• Swimming skills (stroke,	• Creativity through	• Team work in	
	Hygiene	activities	sail, inhale, push, pull,	executing	performing water	
			hold, float, balance).	swimming skills	activities	
	2.19.2 Water	2.19.2.1 Perform orientation				
	Orientation	activities in water				

General Outcomes and Key Competences

GENERAL OUTCOMES	KEY COMPETENCES
 Acquire basic skills in the use of computers both at home and school. Acquire knowledge, skills, values and positive attitudes to perform physical activities 	 Demonstrate ability to write words, sentences and short paragraphs using the key board Demonstrate knowledge and skill to work with local materials.
 Develop the power of imagination, observation and visual communication using different media. Develop skills in crafts using materials from the local environment. Demonstrate the ability to apply principles of nutrition. Acquire knowledge, skills, values and positive activities to perform various sports activities, games, music and dance. 	 Demonstrate improved physical skills. Demonstrate ability and skills to make simple items, drawing and colouring Demonstrate basic skills of working out stitches. Demonstrate ability to identify different elements of sound

THEME	SUB TOPIC	SPECIFIC OUTCOMES	CONTENT			
ITENIE	SUB TUFIC	SI ECHIIC OUTCOMES	KNOWLEDGE	SKILLS	VALUES	
3.1 TOOLS	3.1.1 Cutting Tools.	3.1.1.1 Identify tools to cut materials	• Cutting tools: saws, hacksaws.	• <i>Identification</i> of cutting tools	• Awareness of the cutting tools.	
3.2 MATERIALS	3.2.1 Uses of Materials	3.2.1.1 Identify local materials used to make items 3.2.1.2 Design and make items from local materials	Make items from local materials such as clay (shelter, pottery) grass (shelter, mats)	 Identification of materials used to make items. Application of materials to make items. 	• Appreciating the importance of clay and grass in construction.	
3.3 POSTURE	3.3.1 Stance	3.3.1.1 Explore correct postural habits for good posture 3.3.1.2 Demonstrate correct postural habits in practical and adaptive activities	Postural activities (sit ups on flat surfaces, stretches, bends, rolls)	• Effective communication in performing postural activities	• Appreciation of posture	
3.4 DRAWING AND COLOURING	3.4.1 Drawing	3.4.1.1 Draw pictures based on life experiences and events 3.4.1.2 Colour scenes based on own experiences.	 Pictures (Stories, Life experiences, events) Scenes (My Village, My town, Bus stop, Market place) 	• Composition of pictures	• Appreciation of imaginary pictures	
3.5 SAFETY AND	3.5.1 Safety	3.5.1.1 Compose songs on safety	Apply safety and cleanliness through	• Application of general safety	• Responsibility through	
HEALTH	3.5.2 Environmental Protection	3.5.2.1 Demonstrate class safety practices	tiding (shoes, attire, storage) Sing (songs on safety)	TidingSinging	cooperation	
3.6 PATTERNS	3.6.1 Types of Patterns	3.6.1.1 Identify natural objects.3.6.1.2. Print different types of patterns	Patterns: Leaf print, Potato print, String-pull	 Identification of natural objects Printing of different patterns 	• Appreciation of patterns from natural objects	
3.7 MOVEMENT	3.7.1 Movement	3.7.1.1.Demonstrate fundamental movements 3.7.1.2 Perform simple adaptive movements	• Locomotion/movement (hoop, skip, speed, space, control, manipulation)	• Application of locomotion skills	• <i>Team spirit</i> in locomotion activities	

THEME	SUB TOPIC	SPECIFIC OUTCOMES	CONTENT			
IHEME	SUB TOFIC	SPECIFIC OUTCOMES	KNOWLEDGE	SKILLS	VALUES	
3.8 HARDWARE	3.8.1 The Mouse	3.8.1.1 Drag items in Microsoft word and icons on the desktop	Microsoft word and icons on the desktop	 Identification of mouse dragging actions. Manipulation of mouse in dragging. Observation of icon changes before dragging. 	 Appreciation of dragging icons. Application of icon dragging. Awareness of icon dragging. 	
3.9 TYPING	3.9.1 Keyboard Keys	3.9.1.1 Demonstrate basic typing skills	Numbers, words, sentences and short paragraphs.	 Typing of letters and words. Observation of numbers and words Identification of numeric key pad and main pad. 	 Application of basic typing skills. Curiosity in using the keyboard. 	
3.10 FOOD	3.10.1 Meals of the Day	3.10.1.1 Identify different meals eaten in a day	Different meals in a day: breakfast, lunch, supper/dinner, and snacks	• Identification of meals of the day	• Appreciating breakfast, lunch, dinner and snacks	
	3.10.2 Food Preservation	3.10.2.1 Identify foods which can be preserved 3.10.2.2 Dry raw vegetables	 Foods that can be preserved: meat, fish, vegetables, fruits. Raw vegetables: rape, cabbage, pumpkin leaves 	• Identification of foods of be preserved	Appreciating preserved foods	
3.12 SOUND	3.12.1 Elements of Sounds	3.12.1.1 Identify different elements of sound	• Elements of sound (tone, pitch, rhythm , volume)	• <i>Creativity</i> through listening, identifying, imitating, judging)	• Application of sounds	
	3.12.2 Singing	3.12.2.1 Sing a variety of songs using local instruments	• Local instruments (drums, banjos, silimba).	• Application of skills in singing and instrument playing	• Appreciation of local instruments	
3.13 EDUCATIONAL GYMNASTICS	3.13.1 Tumbling 3.13.2 Stunts	3.13.1.1 Perform simple landing activities 3.13.2.1 Demonstrate simple pyramid formations	• Gymnastic skills (land, simple pyramid, balance, formation)	• Application of simple gymnastic skills	• Cooperative learning through team work	

THEME	SUB TOPIC	SPECIFIC OUTCOMES		CONTENT	
IHEME	SUB TOPIC	SPECIFIC OUTCOMES	KNOWLEDGE	SKILLS	VALUES
3.14 HEALTH AND FITNESS MANAGEMENT	3.14.1 Fitness 3.14.2 Health	3.14.1.1 Demonstrate simple isometric activities 3.14.2.1 Perform simple developmental activities	 Simple isometric (strength training exercises) (jogging, hanging, lifting, pulling, pushing) 	• Application of developmental and simple isometric activities	• Appreciation of developmental activities
3.15 ENERGY	3.15.1 TheTorch	3.15.1.1 Identify external parts of a dry cell. 3.15.1.2 Connect dry cells to light a bulb	terminals of dry cells	• Application of dry cells to produce light	• Awareness of dry cells to produce light.
3.16 CELL PHONES	3.16.1 Use of Cell Phones	3.16.1.1 Demonstrate the ability to use cell phone.	 Cell phone, parts of a cell phone Dialing, sending and receiving a call 	 Identification of cell phone Communication using cell phone Demonstration usage of cell phone. Application of cellphone. 	 Appreciation of the use of cell phone. Curiosity in using the cell phone. Awareness of the abuse of cell phone.
3.17 NEEDLE WORK	3.17.1 Stitches	3.17.1.1 Explain rules of working out stitches.3.17.1.2 Workout temporal stitches	 Rules for working stitches: (One stitch at a time, choose correct thread) Temporal stiches: even tacking, long and short tacking, tailor	• Sewing of temporal stitches	 Awareness of rules when working out stitches Cooperating in group activities
3.18 RECREATION	3.18.1 Dance	3.18.1.1 Perform local dances with simple rhythm	 Local dances (structured and unstructured movements) Simple rhythm (Clapping, steps) Games and child 	• Creativity in recreation activities	• Cooperation through team spirit
	3.18.2 Health	3.18.2.1 Perform games with messages of child abuse	Games and child abuse messages		

ТНЕМЕ	SUB TOPIC	SPECIFIC OUTCOMES		CONTENT	
	SUB TOTIC	SI ECIFIC OUTCOMES	KNOWLEDGE	SKILLS	VALUES
3.19 SPORTS SKILLS DEVELOPMENT	3.19.1 Games Modified Conventional Games) 3.19.2 Track and Field Events 3.19.3 Traditional Games	3.19.1.1 Perform a variety of games, track and field events.3.19.1.2 Perform track and field events	Games and track events (relays 40 meters, bucket race, formations, throw, catch, traditional games: chiyenga,)	• Application of various skills	Team spirit through cooperation
3.20 CRAFTS	3.20.1 Knotting	3.20.1.1 Knot various items.	• Knotting (ropes, bags)	Knotting of functional items	• <i>Creativity</i> in knotting
3.21 SWIMMING	3.21.1 Pool Hygiene 3.21.2 Water Orientation	3.21.1.1 Demonstrate pool hygiene activities 3.21.2.1 Demonstrate a variety of basic strokes	 Pool cleanliness Skills (side stroke, unskilled strokes: push, inhale, float) 	• <i>Application</i> of simple swimming skills	• Self-esteem through team work
3.22 ENTREPRENEURSHIP	3.22.1 Business Ventures	3.22.1.1 Identify types of businesses in the community	Crop and animal related business, crafts, baking and business centers.	• Surveying and collecting data on famous businesses within their community.	• Appreciating the value of assorted types of business within an area.

General Outcome and Key Competences

GENERAL OUTCOMES	KEY COMPETENCES
 Acquire skills in the use of computers both at home and school. 	■ Demonstrate ability to make an artifact.
 Acquire knowledge, skills and values of self expression through drawing and poster designing and music. Acquire knowledge, values and positive attitudes of keeping the home surroundings clean. 	 Demonstrate ability to insert, draw and colour closed shapes by visiting an appropriate software on the computer Demonstrate ability to compose simple music using different sound sources. Demonstrate basic skills of making simple snacks. Demonstrate skills in drawing and colouring. Demonstrate ability to participate in physical activities.

THEME	SUB TOPIC	SPECIFIC OUTCOMES		CONTENT	
THEME	SUB TOTIC	SI ECIFIC OUTCOMES	KNOWLEDGE	SKILLS	VALUES
4.1 SAFETY AND HEALTH	4.1.1 Safety 4.1.2 Environmental Protection	 4.1.1.1 Identify appropriate dress in class and sports 4.1.2.1 Compose songs on safety and health 4.1.2.2 Demonstrate activities to keep environment safe and clean 	abuse, safety, and	• Use of Assertiveness through safety and songs	• Responsibility through team work
4.2 THE COMPUTER PROGRAMME	4.2.1 Artistic Programme	4.2.1.1 Identify Artistic program Components 4.2.1.2 Demonstrate ability to use Artistic program	 Colour box, tool box, picture, button, choosing a program, opening, Closing and exiting Artistic Program(MS. Paint Brush) 	 Demonstration how to use artistic program. Identification of art tool box. Manipulation of artistic program. Application of artistic program. 	 Team work in using artistic program Awareness of paint brush. Curiosity in using MS Paint brush.
4.3 TOOLS	4.3.1 Saws	4.3.1.1 Cut pieces of timber	• Cutting timber using tenon or cross cut saws	• <i>Crosscutting</i> small pieces of timber.	• Appreciating the value of saws to crosscut.
4.4 MOVEMENT	4.4.1 Movement	4.4.1.1 Perform structured movements	• Structured movements with: (Dumb bells, climbing ropes)	• Application of movement skills	• Appreciation of structured movements
4.5 DRAWING AND COLOURING	4.5.1 Colour	4.5.1.1 Identify secondary colours 4.5.1.2 Mix of two primary colours to obtain a secondary colour	• Secondary colours: (Orange, green, violet)	Mixing of colours	• Appreciation of different colours
	4.5.2 Drawing	4.5.2.1 Draw objects using different media	• Drawing of: (Cup, fruit, bottle, flowers, pot.)	• <i>Drawing</i> of objects	• Appreciation of drawings
	4.5.3 Imaginative Composition	4.4.3.1 Compose pictures to express one own feelings.	• Composing pictures (Farms, Bus stop, Cooking, Washing)	• Self-expression through drawing	• Appreciation of imaginary pictures

ТНЕМЕ	SUB TOPIC	CDECIEIC OUTCOMES		CONTENT	
INCIVIE	SUB TUPIC	SPECIFIC OUTCOMES	KNOWLEDGE	SKILLS	VALUES
4.6 EDUCATIONAL GYMNASTICS	4.6.1 Tumbling 4.6.2 Stunts	 4.6.1.1 Demonstrate refined pyramid formation activities 4.6.2.1 Perform refined floor activities 4.6.2.2 Perform simple balancing activities 	• Gymnastic activities (simple pyramid, Frog jumps, Backward roll, Forward roll, Crouch balance)	• Application of refined activities	• Cooperative learning through team work
4.7 DRAWING	4.7.1 Drawing Lines	4.7.1.1 Construct different types of lines	Construct: (Straight lines, horizontal, vertical, centre lines)	• <i>Drawing</i> vertical and horizontal lines bisecting) with instruments only.	• Appreciation of drawing using instruments.
4.8 DRAWING AND	4.8.1 Inserting Closed		• Circle, triangles and	• Identification of	• Awareness of fill
COLOURING	Shapes	shapes in a word processing program	rectangle, colouring	fill colour icons in paint or word. • Drawing of basic shapes in word or Paint brush. • Colouring of shapes and their combinations • Manipulation of word and Paint using the mouse.	 buttons. Creativity in drawing shapes using Paint and Word Quality work in the use of Paint and Word Shapes. Curiosity in using Word
4.9 MATERIALS	4.9.1 Wood	4.9.1.1 Explain the various uses of wood	 Uses of wood: Furniture making, house making 	• Investigating various uses of wood	• Appreciation of the uses of wood
4.10 TRADITIONAL AND CONTEMPORARY SONGS	4.10.1 Traditional Songs 4.10.2 Contemporary Songs	4.10.1.1 Explain the meanings of different traditional and contemporary songs	Meanings of songs	• <i>Use of</i> listening, singing, identification skills	• Appreciation of traditional and contemporary songs

ТНЕМЕ	SUB TOPIC	SPECIFIC OUTCOMES		CONTENT	
IHEME	SUB TOPIC	SPECIFIC OUTCOMES	KNOWLEDGE	SKILLS	VALUES
	4.10.3 Music Composition	4.10.3.1 Identify tunes using sounds from nature 4.10.3.2 Compose different musical tunes	Composition of tunesMusical tunes	• Application of listening, identification, composing skills	• Appreciation of musical tunes
4.11 HEALTH AND FITNESS MANAGEMENT	4.11.1 Health 4.11.2 Fitness	4.11.1.1 Perform a series of physical activities 4.11.2.1 Perform a series of developmental activities 4.11.2.2Demonstrate refined isometric activities (strength training exercise)	 Developmental activities Refined Developmental activities using (Obstacles, Parallel bars, Mats, Muscle) 	• Application of skills in strength training	• Appreciation of fitness and health
4.12 SPORTS SKILLS DEVELOPMENT	4.12.1 Games (Modified Conventional Games) 4.12.2 Track and Field Events 4.12.3 Traditional Games	 4.12.1.1 Demonstrate various sporting activities 4.12.1.2 Talk about why people use drugs in sports 4.12.2.1 Perform relay activities 4.12.3.1 Perform a variety of traditional Games 	Various sports and games skills (Receive and pass baton, 50 meters, striking gamesShort races, health related message)	• Application of various skills in games Passing	• Team spirit in games Self-esteem
4.13 SWIMMING	4.13.1 Water Orientation 4.13.2 Water Games	4.13.1.1 Demonstrate simple strokes4.13.2.1 Perform simple water games4.13.2.2 Perform pair water games with balls	 Simple skills (Side strokes) Water games Unskilled strokes Group competition 	• Application of swimming skills	• Appreciation of swimming skills
4.14 CRAFTS	4.14.1 Papier Machè	4.14.1.1 Model different items using papier machè	• Papier machè models (fruits, plates)	• <i>Modeling</i> of functional items	• Appreciation of items made out of papier mache`
	4.14.2 Construction	4.14.2.1 Construct simple items using wires and paper boards	• Constructing simple items (houses, wire cars)	• Manipulation of different materials	• Creativity in construction

THEME	CUD TODIC	CDECIEIC OUTCOMES		CONTENT	
THEME	SUB TOPIC	SPECIFIC OUTCOMES	KNOWLEDGE	SKILLS	VALUES
4.15 OPENING FILES	4.15.1 Opening Saved Files		Locating and opening saved files	 Locating open and saved files. Manipulating Save and Save Así window. Identification of Saved and Open files. 	 Appreciation of open and saved files. Critical thinking in locating open and saved files. Awareness of open and saved files.
4.16 HOME	4.16.1 Care of the	4.16.1.1 Clean the house and store	• Cleaning the house:	• <i>Cleaning</i> the	• Appreciating care
MANAGEMENT	Home.	different household items.	dust, sweep, mop, polish frequently • Storage of household items: e.g. long handled broom upside	house • <i>Storage</i> of household items	and storage of household equipment
			down bristles facing upwards, grass broom upside down		
	4.16.2 Home Environment	4.16.2.1 Describe items used to clean surroundings	• Equipment used to clean the surrounding: Hard broom, Rake, Shovel.	• <i>Cleaning</i> of the surrounding	• Awareness of items used to clean the surrounding
		4.16.2.2 Clean the surrounding	 Cleaning the surrounding: Sweeping, racking. 		• Appreciating clean surrounding
4.17 FOOD AND NUTRITION	4.17.1 Meals	4.17.1.1 Prepare simple snacks	• Simple snacks: Fruits, boiled cassava, sandwiches, fruit juice. groundnuts, popcorns	• <i>Cooking</i> simple snacks	• Appreciating snacks

ТНЕМЕ	SUB TOPIC	SPECIFIC OUTCOMES	CONTENT		
	SUB TOFIC	SPECIFIC OUTCOMES	KNOWLEDGE	SKILLS	VALUES
	4.17.2 Preservation	4.17.2.2 Explain reasons for preserving food4.17.2.3 Prepare preserved food.	 Reasons for preserving food: prevent decay, storing for later use and variety. Preparing preserved food e.g. vegetables with groundnuts, samp, cassava. 	• Preparing preserved food	• Appreciating preserved foods
4.18 ENERGY	4.18.1 Light.	4.18.1.1 Connect cells in series to light a bulb.	Connect cells in parallel and series	• Connecting dry cells terminals and a bulb correctly	• Applying knowledge of positive and negative terminals
4.19 DESIGNING AND MAKING.	4.19.1 Designing	4.19.1.1 Design and make an artifact to produce light	Artifact making	• Designing a system that can produce light.	to produce light.
4.20 LETTERING AND POSTER WORK	4.20.1 Lettering	4.20.1.1 Design capital and small letters	• Designing letters: (spacing, size weight).	• <i>Designing</i> of capital and small letters	• Creativity in lettering
	4.20.2 Poster Work	4.20.2.1 Design posters to convey messages using capital letters	• Posters based on cross-cutting themes (substance abuse, child labour)	• <i>Designing</i> of different posters	• Creativity in poster making
4.21 ENTREPRENEURSHIP	4.21.1 Project	4.21.1.1 Make different items for business purposes	 Making bags, door mats, skipping ropes, basket Interior decorating 	• <i>Designing</i> of different items for business purposes	• Appreciation of being self-reliant

APPENDIX 1:SAMPLE-SCOPE AND SEQUENCE CHART

GRADE	1	2	3	4
THEME	Safety in the playground/	-	Safety practices	• Dress code
Safety and Health	Work environment			• Use of equipment
Movement	Movement skills	Body movement	Adaptive movements	Structured movements
Posture	Simple postural habits	 Correct postural habits 	• Adaptive postural activities	 Advanced postural habits
Drawing and	• Different lines	Primary colours	• life experiences and events	Secondary colours
painting	• Basic shapes	• Patterns(cut paper,	• Scenes based on own	• Cup, fruit, bottle, pot
	Simple patterns	writing)	experiences • Natural patterns (leaf, potato, string pull)	 Imaginative compositions (farm, cooking, washing) Motif (banana, stems, potato cuts) Patterns (repeat, all over, alternating)
Sound	Sound exploration	Different sounds	• Elements of sound	Traditional and contemporary
Instrument playing	Classroom objects	- Different sounds	Types of instruments	Local and contemporary
Music composition	• Musical tunes		Types of instruments	- Locar and contemporary
Dance	Body movements	Traditional and contemporary	Create dance	Meaning of dances
Educational gymnastics	• Simple gymnastics (arm, trunk, leg)	 Adaptive activities (hang, tummy, rolling, rest) 	Simple pyramid formation	 Floor agilities (Crouch balance, forward and backward roll)
Health and fitness management	• Simple fitness activities (Ropes, sliders, stair cases, horizontal bars)	Developmental activities	Simple isometric activities	Refined isometric activities
Sports Skills	Simple games	Imitative relays	Simple relays	• Lane relays
Development	• (Hide and seek activities)		Orienteering	
Recreation and dance	Rhythmic dance movements		Simple structured movement	
Crafts	Paper collageModelling (free form objects)Weaving simple items	Weave (familiar objects)	• Knot (bags)	 Weave (tables mats) Plait (belts) Knot (baskets) Paper Mache (fruits, plates) Construction (houses, wire cars)
Swimming	Basic pool hygieneSimple water orientation skills	Simple water activitiesAdaptive water activities	Simple swimming strokes	Basic swimming strokesPair water games
Lettering			Capital and smallPoster making	

APPENDIX 2: HOME ECONOMICS

NEEDLEWORK AND CRAFTS SYLLABUS FOR GRADES III TO IV

The following table is given as a guide only and does not have to be strictly followed. It may be amended to fit into local requirements. Stitches and processes learnt in a lower grade should be revised and used in the higher grades.

GRADE	PROCESSES	ARTICLES	MATERIALS	NEEDLES	THREAD
III	Temporal stitches - Tacking - Running and can be used as decorative stitches	Small articles based on a square or a rectangle: Fringed mats, table napkins	BincaCanvasFeltHessianCalicoCasement	Crewel Nos. 4 or 5 Chenill and tapestry Nos. 24, 25 or 26 Darners short Nos. 6-7	Wool Double Filosheen etc. To contrast with Material used
IV	Permanent stitches-Backstitch -Oversewing -Hemming	Article still based on a square or a rectangle: Bags for different purposes Pot holder, pin cushions, Skipping rope, belt	- Calico - Casement cotton or Patterned materials	Crewel Nos. 6 .7 or 8 Sharps Nos. 5,6.7	Filosheen Cotton Silk Tacking cotton to contrast at first with material